

Join over 4,100 runners, joggers and fitness walkers who enter the race each year. The five-mile road race offers a competitive format with a three-mile run offering both a competitive and recreational format. Register the entire family to take advantage of our special family rate.

REGISTRATION INFORMATION AND LOCATIONS

Registration starts Monday, March 14th at the Park & Recreation Department, 1700 River Drive North. Registration forms available online at www.icebreakergf.com; Scheels and Universal Athletics stores. T-shirt pickup for online and mail-in registrations will be available starting April 23.

REGISTERED RUNNERS IN EACH RACE RECEIVE:

- A long sleeve Ice Breaker t-shirt
Availability and size will be on a first come, first serve basis.
- Lunch with a beverage starting at 1:30pm
- Finisher medallion
- An enjoyable running experience!

ENTRY FEES

\$14 Youth 10 years of age and under

\$20 Adults and youth 11 years of age and over

\$58 Family of 4* (not available online)

*Family of 4 includes parent(s) and dependents age 1-18 from same household.
\$12 each add'l youth from the same family/household

\$2 late registration fee per individual on all entries April 18-24

Entry fee must accompany registration.

No Rollerblades, skateboards, bikes or pets allowed in race.

RACE COURSE

All races start in front of the Great Falls Civic Center on Central Ave. The race course will be posted at the Park and Recreation Department, the Civic Center and online at www.icebreakergf.com

PRIZES FOR EARLY BIRD REGISTRATION

Boy's bicycle donated by Pepsi • **\$200 Value**

Girl's bicycle donated by Pepsi • **\$200 Value**

Peak Health and Wellness Center spa package • **\$180 Value**

RACE PACKET PICK-UP

Registrants can pick up their official race packet at the Great Falls Civic Center on **Saturday, April 23, 10am to 6pm** or on **race day, April 24, 8am to race time.**

Participants must pick up race packet before participating in their registered event. All races are chip timed.

2016 EVENT SCHEDULE

March 14 - April 15 Early bird registration at
Monday - Friday Great Falls Park and Recreation
8am to 5pm 1700 River Dr N

Saturday, April 16 Early bird registration at
10am to 4pm Scheels/Holiday Village Mall

April 18 - 22 Late registration* at
Monday - Friday Great Falls Park and Recreation
8am to 5pm 1700 River Dr N

Saturday, April 23 Late registration* & packet
10am to 6pm pick-up at GF Civic Center

Sunday, April 24 **RACE DAY!**
8am to 1pm Late registration* & packet
pick-up at GF Civic Center



4pm AWARDS CEREMONY

*Late registration \$2 assessed per individual on all entries April 18-24

***A \$2 Late registration fee assessed per individual on all entries between April 18-24**



FOR INFO
406 **771.1265**
icebreakergf.com

REGISTER ONLINE www.icebreakergf.com



5 mile @ 1pm 3 mile @ 2pm 1 mile @ 3pm

Please print clearly. Fill out completely. ONE ENTRANT PER FORM. Copies ok.

First Name		MI	Last Name			
Mailing Address						
City		State/Province	Zip/Postal Code		Date of Birth	
					Mo Da Yr	
Day Phone		Evening Phone		T-Shirt		
				YM	S M L XL	
DIVISIONS:	5 & Under <input type="checkbox"/>	13-15 <input type="checkbox"/>	25-29 <input type="checkbox"/>	40-44 <input type="checkbox"/>	55-59 <input type="checkbox"/>	70-74 <input type="checkbox"/>
MALE <input type="checkbox"/>	6-9 <input type="checkbox"/>	16-18 <input type="checkbox"/>	30-34 <input type="checkbox"/>	45-49 <input type="checkbox"/>	60-64 <input type="checkbox"/>	75-79 <input type="checkbox"/>
FEMALE <input type="checkbox"/>	10-12 <input type="checkbox"/>	19-24 <input type="checkbox"/>	35-39 <input type="checkbox"/>	50-54 <input type="checkbox"/>	65-69 <input type="checkbox"/>	80 & Over <input type="checkbox"/>
						Wheelchair <input type="checkbox"/>

2016 ICE BREAKER ENTRY FORM



AGE	M	For Official Use Only
as of 4/24/16	F	
Entry fees:	Distance (please check one):	
\$14 Youth 10 yrs and under	<input type="checkbox"/> 5 Mile Run @ 1pm	
\$20 Adults and youth 11 yrs and over	<input type="checkbox"/> 3 Mile Run @ 2pm	
\$58 Family of four: Includes parent(s) and dependents age 1-18 from same household \$12/each add'l youth	<input type="checkbox"/> 1 Mile Run/Walk @ 3pm	
\$2 Late registration fee per individual from April 18-24	Predicted Time (in minutes):	
Mail your entry to: Great Falls Park and Recreation P.O. Box 5021 Great Falls, MT 59403		

READ THIS! I know that running a road race is potentially hazardous activity. I should not enter a run unless I am medically able and properly trained. In consideration of acceptance of my entry, I, for myself and anyone entitled to act on my behalf, waive and release, The City of Great Falls, AA Sports, and all sponsors, individuals, and volunteers, their representatives and successors from all claims or liabilities of any kind arising out of my participation even though said liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission for all of the foregoing to use any photographs, motion pictures, recordings of any other record of this event for any legitimate purpose. Parent or legal guardian must sign if athlete is under 18: This is to certify that my child has permission to compete in this event, is in good physical condition and that event officials may authorize necessary emergency treatment. NO ENTRY WITHOUT VALID SIGNATURE.

Signature	Date	Signature of Parent/Guardian if Participant is under 18 years	Date
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